



2021 COURSE CATALOG



**CENTER FOR
PALLIATIVE CARE**
HARVARD MEDICAL SCHOOL

Practical Aspects of Palliative Care

A Foundational Program in Palliative Care for New and Experienced Clinicians



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This virtual, one-day course is designed to offer physicians, nurses, social workers and other clinicians the information and skills needed to provide high quality palliative care to patients with serious illnesses in a variety of practice settings. It addresses the assessment and management of current challenges in palliative care, including the physical, psychological, social, and spiritual/existential sources of suffering experienced by patients and their families. Through plenary sessions and small breakout groups, participants will develop a toolbox of palliative care competencies.

Sessions will focus on a variety of topics, including pain and symptom management; serious illness communication skills; interdisciplinary team work and collaboration across disciplines; prognostication; bereavement; cultural, religious and spiritual beliefs and practices towards the end of life.

The Harvard Medical School is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. This activity is also accredited for Continuing Nursing Education credits by the American Nurses Credentialing Center and Social Work Continuing Education credits by the National Association of Social Workers. Clinicians should claim only the credit commensurate with the extent of their participation in the activity.



To learn more, visit pallcare.hms.harvard.edu/courses/papc

Palliative Care Education and Practice

A Course for Palliative Care Clinical and Education Leaders



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Despite the rapid growth of the palliative care field, healthcare institutions and systems struggle with how to meet the need of providing high quality care for their seriously ill patients. Palliative Care Education and Practice (PCEP) is a comprehensive course delivered by expert palliative care clinicians and educators who create a warm, welcoming environment conducive to deep learning and growth. PCEP provides physicians, nurses, and social workers a structure in which to efficiently acquire the competencies necessary to influence this changing health care environment.

The course is a mixture of didactic sessions and small group skills practice sessions, with the pediatric track highlighting the unique aspects of pediatric palliative care.

The Harvard Medical School is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide Continuing Medical Education (CME) and Maintenance of Certification (MOC) credits. Once this live activity's total credits are designated, the results will be posted on our website.

To learn more, visit pallcare.hms.harvard.edu/courses/pcep

Art & Science of Palliative Nursing

A Course for Nurses by Nurses



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Palliative care is an essential element of nursing. This two-day course is designed to provide registered nurses and advanced practice registered nurses with essential principles and concepts to guide the nursing care of patients and families living with serious and/or life threatening illness. Expert palliative nurses will use didactic and interactive teaching strategies that foster a community of learning – a course for nurses by nurses.

Who Should Attend?

RN's and APRN's in all health settings who care for patients with serious and/or life-limiting illness.

Key Topics

- Communication and Advanced Care Planning
- Pain and Symptom Management
- Coordination of Care and Transitions Management
- Cultivating Resiliency and Reflective Practice



To learn more, visit pallcare.hms.harvard.edu/courses/aspn

Research Methods in Supportive Oncology

An Intensive 6-day Workshop for Early-stage Researchers

Funded by NCI R25 CA181000



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This NCI-funded intensive 6-day workshop will provide an overview of fundamental methods, such as study designs, qualitative and survey methods, and approaches to data analysis in supportive oncology research. Over the course of the workshop, participants will write a complete study protocol under the direct mentorship of expert faculty in the field of supportive oncology. Participants will continue to receive assistance after the workshop from their workshop mentors to help in the implementation of their studies at their home institutions.

Essential workshop topics include: creation of conceptual models, supportive care clinical trials, development of psychosocial interventions, decision science, stakeholder engagement, web-based research, study of patient-provider communication, qualitative and survey methods, and data analysis.

To learn more, visit pallcare.hms.harvard.edu/courses/rmso



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<https://pallcare.hms.harvard.edu>

Which course is right for you?	PCEP	PAPC	ASPEN
Taught by Harvard Medical School faculty	✓	✓	✓
CME credit offered	✓	✓	
CNE credit offered		✓	✓
CEU credit offered for social workers		✓	
Foundational palliative care skills		✓	✓
Advanced palliative care skills	✓		
Specialist and generalist interdisciplinary clinicians welcome (MD, DO, PA, NP, RN, MSW, MDiv)	✓	✓	
Nursing-focused (RN)			✓
2 Weeks / Intensive	✓		
2–3 Days		✓	✓
Program development and leadership focus	✓		
Psychosocial / mental health component	✓	✓	✓
Over 20 small-group sessions to choose from		✓	